Handout Notes
Stand - Week 2 - The Belt of Truth
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Ephesians 6:10-14a

Objective truth: The truth that we believe about God as revealed in His word.
Experiential truth: The living out of the objective truth of God's Word. Integrity.

Hebrews 12:1

What are some common loose ends or heavy weights that the enemy uses against us while we are in the battle?

1. The instability of bad beliefs
Ephesians 4:11-14

-What we believe is so important, because what we believe influences how we think and how we live-

Teaching that has a low view of God
Teaching that overemphasizes our significance
Teaching that reduces the Christian life to a formula to follow
Teaching that adds to the Gospel

Spiritual discernment is one of the greatest needs we have as Christians.

Hebrews 5:11-14

We must fight for a belief system that is Christ exalting and Gospel-centered.

2. The heavy weight of sin
1 John 1:8-9, 1 Corinthians 9:24-27, Psalm 32:1-4, Psalm 51:1-12, 1 Corinthians 10:12, Galatians 6:1-5

3. The darkness of discouragement
1 Kings 19:1-4, 1 Kings 19:11-14, 1 Kings 19:18

Discouragement and suffering is spiritual warfare. We must fight to silence the lies about God and His goodness. We must fight to silence the lies that God has forgotten us. We must fight to silence the thoughts of despair. We must fight to remember that God is always at work, even when we can't perceive it.