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**Week 1 Unshakeable - Joy - Psalm 42:01-11**

**Pastor Ben Bufkin**

**May 16-17, 2020**

Psalm 42 (NLT)

**1. Discouragement is the enemy of joy.**

- Distance from home and the house of God.
  - Psalm 42:2 (NLT), Psalm 42:6 (NLT)
- Taunting unbelievers.
  - Psalm 42:3, Psalm 42:10(NLT)
- Memories of better days.
  - Psalm 42:4(NLT)
- Overwhelming trials of life.
  - Psalm 42:7 (NLT)
- God's seemingly slow response.
  - Psalm 42:9 (NLT)

“I cannot tell you how many hundreds of times in the last twenty-eight years at Bethlehem Church I have fought back the heaviness of discouragement with these very words: “Hope in God, John. Hope in God. You will again praise him. This miserable emotion will pass. This season will pass. Don't be downcast. Look to Jesus. The light will dawn.”

- John Piper on *Psalm 42*

**2. Right perspective realigns our vision.**

Psalm 42:5(NLT), Psalm 42:11(NLT), Romans 5:3, Colossians 1:24, 2 Corinthians 6:10

**3. Unshakeable joy comes from unfailing love.**

Psalm 42:8

God's love for us in Christ is the foundation of our joy.

Luke 23:32-34, Lamentations 3:22-23, Romans 8:38-39